

Homily of Father Alain Vaillancourt February 2, 2026



[...] like the others, and that his mother will unite herself to the destiny of her son. He says first, Simeon, that this child will be the light of the nations, the light of the world.

This cannot be said for a normal child. Only God can be the Light of the nations and the Light of the world. Already the prophet, the old man Simeon, who is prophetic in what he says, gives the nature of Christ. At the same time, he adds another prophecy about the Passion, both that of Jesus and that of Mary, to whom he says that a sword will pierce the soul of his mother.

No mother likes to hear this kind of saying: "that a sword will pierce her soul." But the prophecy will be fulfilled. Jesus will truly reveal himself to be the Light of the world. He is now more than ever for us this Light in our lives.

But he had to pass, as you know very well, through the crucible of suffering, and Mary was intimately united to his Passion. This earned her to be taken up to heaven, body and soul, and to join the glory of her son where she still manifests herself to us, until now. More particularly tonight, we speak of its manifestation as the Flame of Love of the Immaculate Heart that is there for us. Jesus is therefore revealed as Light at this moment.

That is why this evening we marched earlier with the candles. These candles that remind us first of our baptism. These candles remind us that we move forward following the Light of Jesus. We are the people of God on the move, as the Second Vatican Council attests. Jesus communicates his Light to us through his word. His word is Light. He communicates his Light to us through the Eucharist and through the Holy Spirit.

Brothers and sisters, use the Flame of Love of the Immaculate Heart of Mary. Let us be guided by this Light. Let us protect this Flame. Let it not be extinguished by strong winds. The little Flame is fragile, but it leads us to the great fire of divine love.

Now let us make the connection between Jesus, Light and Mary, Flame of Love.

Since the Flame of Love enlightens us, it is also Light as Our Lady asked in the feast of Candlemas. This was the name that was used in the past for the feast of the Presentation of Mary. "Candlemas" came from candlelight as you have seen; the candles that are lit.

"My beloved sons will introduce in procession the Flame of Love from my Heart." (Spiritual Diary – May 4, 1962)

So, that's what I was saying to you at the beginning.

"Take this Flame, it is the Flame of Love of my Heart. Light yours (your heart) with it and pass it on to others." (Spiritual Diary – April 13, 1962)

It is a Flame that must be communicated and that is what you do.

It is then said, Mary said: **"(...) I, the Mother of Grace, always ask my Divine Son to take your smallest effort and join it with His merits Do not be afraid of the Flame that will light up imperceptibly. As a soft light, it will arouse no suspicions. This is the miracle that will come forth in your hearts."** (Spiritual Diary – 4 May 1962)

The miracle of the Flame of Love that enlightens our souls, that gives us a peace that none other than God can give us, none other than Mary with whom we can always converse at any time of the day.





"Through my Flame of Love, I want to rekindle love in homes once again. I want to reunite families." (Spiritual Diary – 8 August 1962)
Mary protects families with her Flame. Families are in great danger. I talk about it every year because family is so important. This is where the learning of true love comes from. This is where the learning of the Christian life comes from. That's where vocations come from. And we know that the Presentation of Jesus in the Temple is also the feast of the Consecrated Persons. The Archbishop (Christian Lépine) has already celebrated this feast with the consecrated people this weekend.

So protect families. And the devil has found a new way now, to try to corrupt families, with the government teaching gender theory propaganda. And here, what I find extraordinary is that a group of Catholics united with a group of Muslims, who go around schools with banners, to denounce this propaganda. They will meet the parents around the school, who will meet the teachers. They are always welcome; They always realize that no one really agrees with this theory

that has been imposed on them, as you see.

So we ask the Flame of Love of the Immaculate Heart to protect our families because everything starts from the family. The family is a sacred institution, a divine institution.

And then we meditated on the fact that souls must sacrifice themselves, like Jesus who sacrificed himself on the cross and like Mary who was at the foot of the cross.

And it is then said, because **"it is with the power of sacrifice and prayer that the flash of hellish hatred will be overcome."** (Spiritual Diary – December 6, 1964)

There are like two flames: the infernal flame and the Flame of Love. So the infernal flame is the devil, it's hell, it's not the same thing at all, but there is a fight between these two Flames: the Flame of Love that prevails over the flame of wickedness.

Jesus said: **"I will enkindle in millions of souls the Flame of Love of My Mother. Satan's fire will be unable to extinguish this Flame."** (Spiritual Diary – January 16, 1966) A Fire that cannot extinguish the other.

And finally, we will pray for the people who are still walking in the dark. As I was telling you at the beginning, when I gave you this Flame, **"... light your heart with this Flame of Love and pass it on to others."** (Spiritual Diary – April 13, 1962)

Our mission and this is what we also see with Marcel and Christine who celebrated their wedding during the pandemic (February 2, 2022). We were outside; A memorable event!

So, we will pray for all the couples at the same time, for all the families and for all those who are involved in the Flame of Love to spread it. So, we see that this spread, in fact, is being continued a lot. It has been rendered, it was already universal and more and more universal.

We had this famous retreat (in English) at Saint Joseph's Oratory (May 17-18, 2025) where Father Arul c.s.c. was also there with Father (James) Blount SOLT (Society of Our Lady of the Trinity). So, it was full in the room, and there was the translation into French.

(Clarification: the leaders of the Flame of Love here (in Quebec) have translated the prayer-images of Mary and Jesus into up to 9 languages to send them all over the world. They have the Spiritual Journal in English, French and Spanish as well as excerpts from the Journal in these three main languages.)

So, we will ask the Lord to bless them in their apostolate and for there to be a new generation. Of course, for the future, because that's always what we want in the Church. Always this challenge of succession; it is everywhere in all communities, in all parishes. Then we know that the Lord does not abandon us. We know that Mary is there and it is she who raises up apostles of her Flame of Love.

Amen.